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**Getting
Experience
Quickly**

Purpose of This Guide



Is your CV a little bare?

Between the ages of 16-25 when you are starting out, it is normal to struggle with putting a CV together. This guide shows you how to demonstrate skills to an employer without an extensive work history



Transferable Skills

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Have you really considered **ALL** your experience and transferable skills? A transferable skill is a skill you have developed that will be of interest to an employer, even if it was gained outside of a formal work environment

TAKE A LOOK AT THE NEXT SLIDE FOR INSPO!

Transferable Skills Table...

ACTIVITY	SKILL	COMPETENCIES
Babysitting	Caring for small children	Trustworthy, responsible, punctual
Cleaning	Physical work under time pressure	Determined, willing, hard-working
Sport	Working together to achieve a goal	Teamwork, results focus, drive
Music	Learning something new, continually improving	Patience, commitment
Social Media	Art, design, video editing, engaging audiences, learning new technology	Engaging others, creativity, learner mindset, openness
Nail Art	Art, design, listening to customer	Attention to detail, time management, concentration, focus, care
Dog Walking/Training	Reliability, commanding respect	Commitment, building trust, consistency

It's Not Too Late...!

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Examples of how young people have got experience quickly

I gave
feedback to
Centrepont

I did some
virtual work
experience
with Springpod

I got involved
with a gardening
project at school

I took up
kick-boxing

I did my
friend's nails

I joined a
project at
Centrepont

I did a free
online course in
social media
skills

Short Courses

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Doing a Short Course is a great way to develop skills and demonstrate your motivation

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Link to cp
training pages



**Free, accredited courses
delivered in person**

Alison



**Free industry courses
delivered online**

Google Digital



**Free tech courses
delivered online**

Time investment: As little as 1 hour!

Work Experience

Work experience is a great way to get insight and experience in your chosen field



Get, Set, Go



[Link to cp training pages](#)

In-Person work experience in Construction, Hospitality, Logistics, Office and more

Time investment
Flexible to suit you

Springpod



Virtual work experience with leading companies

Time investment
10 hours over two weeks

Speakers 4 Schools



Virtual work experience age 14-19

Time Investment
One - five days

And Remember...

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Your CV should be an honest account of your experience, but it's OK to talk your experience up and make it sound like more than it was; successful people have been doing this forever



To get involved with a project
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information contact

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